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Pound-for-pound bench press champion wows crowd

Sports

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Observer

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Vol. 57, Number 13

April 2, 2004

NEWS BRIEFS

Mishap Reduction campaign

The 2d Bomb Wing Mishap Reduction Campaign is in full effect and will continue through Sept. 30. The wing safety office plans to raise awareness through publicity about safety and mishap reduction. Look for safety-related information in *The Observer*; base bulletin, marquees and the safety web page.

Team 56 meeting

The April Team 56 general membership meeting is Wednesday at 3 p.m. at the enlisted club. Come see what Team 56 is doing on Barksdale. Team 56 is open to staff and technical sergeants and staff sergeant selects. Call Staff Sgt. Mahalatha Howard at 456-0358 for more information.



Today Partly cloudy

80 **50** H

80



Sunday

Partly cloudy





20 BOMB WING SCOREBOARD

2d Bomb Wing Monthly Flying Goals

Depicted in Hours

Goal:

Flown:



462.1

376.2

+48.4





381.3 493.2 282.3 368.3

85.9 99 124.9 Remaining:

As of: March 19 +9.5-5.2



Senior Airman Andrea Knudson/Observe

2d Civil Engineer Squadron's Airman First Class Jeff Boudreau and Senior Airman Phil Schwalbach construct a 15-man bunker or the east side of base in preparation of the upcoming CORE. Bunkers protect airmen from small arms fire, grenades and shrapnel

ORE simulates realistic attacks on base

BY 2ND LT. JIM IVIE

2D BOMB WING PUBLIC AFFAIRS

During the first few days next week, there will be no doubt that Barksdale is conducting some serious training. Beginning in the early morning hours Monday and continuing until the end of the day Wednesday, people on and off base will hear explosions and see smoke as the base revs up for its Conventional Operational Readiness Exercise.

Each day during the exercise, up to ten loud explosions may be detonated as exercise planners simulate attacks on the base. The explosions will usually happen one at a time at various times during the day, but there may be up to three rapid "booms" in a sequence. The explosions, which will be followed by colored smoke, could happen at any hour of the day or night.

"There's going to be some loud booms and lots of smoke, but there is nothing to worry about. It's all part of the exercise," said Tech. Sgt. William Villarreal, Superintendent, Wing Plans and Programs for 2d Bomb Wing Plans and Inspection.

The detonations, meant to simulate missile or mortar impacts, will sound like a large fireworks explosion or a loud shotgun blast and will be easily heard up to one-half mile away, explained Sgt. Villarreal.

"The explosions give a good visual of where the impacts are intended to occur so that people participating in the exercise can take appropriate action," said Maj. John Miller, Chief of Wing Exercises and Evaluations for 2d BW/XP. "It provides much better simulation than just telling people where the explosion should be."

"About 95 percent of the explosions will occur in and around the flightline area and a few will happen out on the east reservation," said Sgt. Villarreal.

The pyrotechnics will be set off and monitored by a team of people from 2d BW/XP and 2d Civil Engineer Squadron, as well as quality assurance personnel.

"There are safety precautions that must be observed before setting off these explosions, such as making the proper notifications and clearing the area. Everyone involved has had the proper training for handling these types of explosions," said Maj.

Besides the explosions and smoke, people may also hear warning sirens indicating a simulated incoming missile or one that has already hit. The base intercom system will keep people informed about what is happening with the exercise and what actions they may need to take.

The CORE is designed to evaluate the ability of units with a wartime or contingency mission to perform assigned operational missions. The wing is evaluated in four major areas: initial response, employment, mission support and the ability to survive and operate in a hostile environment.

Welcome JSIVA Team!

NEWS BRIEFS

Legal office to train

The 2d Bomb Wing legal office will be minimally manned Monday due to training. All services will be provided, but long wait times may occur. Normal operations will resume Tuesday.

Dorm managers needed

Two dorm manager positions are available May 15. A seasoned staff sergeant is needed to manage three facilities, and a master sergeant or above to perform as superintendent. Contact CDM at 456-3698.

Douhet Drive closing

Doughet Drive is permanently closed from south of Burger King to the intersection of Curtiss Road for construction.

Job opening

The Family Support Center has an opening for an 8C000/FSC Superintendent. The position is a threeyear controlled tour available to master sergeants and senior master sergeants who have three years retainability. Packages are due April 26. Call the Family Support Center at 456-8400 for more information and resume package requirements.

Commissary open Easter

The Commissary will operate April 11 from 9:30 a.m. to 5 p.m.

Summer job opportunities

Temporary employment for lifeguards, general laborers and clerks are available this summer. Applicants must apply to the Barksdale Civilian Personnel Office. Call Misty Bartley at 456-4079 for more information.

Reserved parking

Parking in reserved parking areas can lead to a DD Form 1408, an Armed Forces Traffic ticket by 2d Security Forces Squadron. Multiple citations could lead to the loss of driving privileges for one year.

First Four Airmen Association sponsor talent show

Auditions will be held April 10, 11, and 17 at Hoban Hall from 11:30 a.m. to 6 p.m. The talent show will be May 1 at Hoban Hall at 3 p.m. The cost for contestants is \$5 and \$4 for attendees. There will be door prizes and a professional fashion show. Call Senior Airman Jessica Jacobs at 456-5791 for more information.

DUI UPDATE Last DUI: March 27 2d CS

Total DUI's this year to date:6 Total DUI's for 2003: 50 Airmen Against Drunk Driving 456-3344

Foundations set for excellence

BY COL. MICHAEL MOELLER

2D BOMB WING COMMANDER

Barksdale warriors...this has been an extremely important week for us. We have focused on individual and unitlevel training to ensure we have the professional skills to accomplish the mission and built a long-range plan that will allow us to hone our combat edge in the future. Together, we are going "back to basics" by getting into the books, learning the rules, studying OIs and tech data and using that knowledge to do the right job at the right time the right way. It has been a great start...as I visited across the wing, I was very pleased by the responses I heard and by the way every person took on their training with energy and enthusiasm.

Your efforts will serve as the foundation for the wing's training plan. I promise we will not just declare victory after a single week, but will have a long-term plan that provides the quality time and opportunities our wing needs for realistic and relevant training. We will constantly check our progress and then do another training review in six months to see if we are on-track or if we need to change our vector. Next week we will have a Conventional Operational Readiness Exercise or

CORE that will test our ability to fly, fix and support bomber operations at a deployed location. It will also allow us to practice every aspect of our TWO vector....we will be Totally focused on mission excellence as we conduct our plan, prepare, load and fly our B-52s on "war" missions. At the same time, we will stress every aspect of our expeditionary combat support team with realistic tests throughout the exercise.

During the CORE we will get better only by Working together, building trust and forming an unbeatable team. Individual efforts alone won't get the job done...but in our wing 1+1+1 doesn't equal 3...it equals 10! The power of teamwork multiplies what we can do individually and makes us many, many times stronger so we can accomplish far greater things than can a single person. Finally, next week will Offer all of us opportunities for professional growth as you put those back to basics skills to use in a combat-like environment. The CORE will also help us identify the resources you need to do the job better

Additionally, during the CORE you may see the Joint Staff Installation Vulnerability Assessment (JSIVA) Team

and more efficiently.

around the base. They are to here to help us find ways to better protect Team Barksdale's forces and re-

DMMANDER'S

VECTOR

sources. Their work is critically important because safety and security are keys to our success. We look forward to having

them here and know their findings will make us better able to do our job.

Lastly, I'd like to offer all of you a challenge-I'd like to change the name of the base paper. The Observer doesn't really describe any of our assigned duty's here at Barksdale because we don't just observe-we act! All of our units...8 AF, 917th and the DUECE do so much more then observe so I think it is time that the name of our newspaper more closely reflects all our missions today. Send your suggestions to this email address:

Observer@Barksdale.af.mil We'll pick the best one and put it on the banner head!

I can't tell you how excited I am by everything we have already done. But, get set for next week...we are poised and ready for the "second to be 1st in peace, 1st in war, 1st to victory!"

The Action Line is your avenue for

complaints, suggestions and kudos on services provided at Barksdale. Your comments can help make the base a bet-

Although the Action Line is always available for use, the best and fastest way to resolve problems is through your chain of command or the organization involved

I encourage you to go that route first. Then, if you still can't resolve it or don't know where to call, I'll be glad to do it for you. I'd also like to hear the positive

feedback on your experiences on base.

When calling the Action Line, the messages are recorded. Please leave your name and phone number so we can get back to you if we need more information.

Call or email the Action Line at 456-4000 or actionline@barksdale.af.mil

uery: Do you know it's a policy of the commissary, if you buy a product, say 50 cents, and you have a coupon that's 75 cents, they will give you a quarter. They will actually pay you a quarter to take the product from them. It's amazing. I was just in line and watched somebody get back a large sum of money for a window cleaner. That needs to be changed.

R esponse: Thanks for the concern and here's the answer. There is a Defense Commissary Agency policy regarding the issue of coupons that exceed the amount of the item. The policy states "allow a patron to get money back if the coupon value exceeds the item price plus surcharge. Surcharge is automatically charged to the cost of the item and the customer receives the difference." DeCA receives the coupon value printed/bar coded on the coupon. If the Commissary did not

Fax: 456-5986

honor the coupon face value, it would be considered a profit and the commissary sells products at cost.

Key Customer Service Numbers

BX	/46-2554
Casualty Office	456-2212
Civilian Pay	
Civilian Personnel	456-4502
Claims Office	456-2563
Clinic Patient Advocate	456-6361
Commissary	456-8263
Contracting	
Directory Assistance	456-2252
Environmental Flight	456-4629
Facilities and Utilities	456-3072
Housing	456-4324
Inspector General	456-5049
Law Enforcement	456-2551
Legal Assistance	456-2561
Military Pay	456-4733
Military Personnel	456-2117
Retiree Activities Office	456-4480
Safety	456-2569
Services	456-2475

Staff: 456-5501/5502/1015/3241 Ubserver Advertising: 459-3475

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Air Force leaders are made, not born

BY LT. COL. STEVEN E. HAMMOCK 2d Civil Engineer Squadron Commander

"Leaders aren't made, they're born."

Many of you may have heard this phrase several times during your professional military education or college courses and readings.

The phrase implies that at birth, or at least in our very early developmental years, some of us are mysteriously implanted with the "leadership gene" and possess all the magical skills and powers necessary to be a good leader. The rest of us then are doomed to a lifetime of subservience and, no matter how hard we try, we can never obtain the skills graciously bestowed to those lucky few at birth.

Obviously, that's a stretch, and although I do agree some traits are inherently "unteachable" - either you got 'em or you don't -leaders can be developed. This development is provided in life's laboratory through mentorship, exposure to challenges, and the experience that often comes with "trial and error."

Perhaps the old "school of hard knocks" is a good analogy for this concept. To be certain, the one thing all leaders have is universal - followers. Be it one or a million, leaders need to have followers.

Especially true is great leaders must have great followers.

The term "follower" to me is neither a demeaning term nor a judgment of one's capabilities, worthiness or status in life. In fact, I value great followers as much as I do great leaders.

I've been blessed throughout my career with the most outstanding cast of team members I can imagine. Some are followers and some were leaders. All are invaluable to the success of the team and all are my heroes.

In my job as squadron commander, I would fail miserably without the support of my great followers. Sure, I provide the "big picture," the "vision," and the "master plan," but they make it happen.

Some of my great followers are great leaders in their own right, and many others are ripe for blossoming into great leaders with the right development. Our job as leaders is to help them realize and achieve this transformation.

We can do this with trust, responsibility, authority, accountability and mentorship (yes, sometimes tough love). I won't bore you with the academics of these terms since we've been exposed to them many times in our studies.

I certainly won't break out the canned, overused terminologies such as the "E" word - empowerment. Sure that wraps it all up in one easy word, but it has become a cliché and not a true practice. But, I do want to emphasize trust.

We leaders expect and demand followers to trust every decision, action and direction. We need to remember to trust them. Those who have supported our every effort. Those who have labored to achieve our desired outcomes. Those who have made the team successful. Trust goes a long way in developing character, loyalty and excellence.

Trusted followers become great leaders.

April 2, 2004 News Observer

NEWS BRIEFS

Starbase Louisiana

Starbases's annual summer academy will be June 21 through June 25 for all Barksdale middle school students. The summer academy enhances the approach of hands-on education of science and technology while emphasizing fun. Activities include chemistry, microscopy, computer applications, physics, geometry, art and problem solving. Class limit is 24 students and pre-registration begins April 26 at 7:30 a.m. Call Sheila Schencke at 456-1300 for information.

South Gate hours

The South Gate hours of operation have been adjusted to better serve the community. The gate is now open for inbound and outbound traffic from 6 to 8 a.m., 11 a.m. to 1 p.m. and 3:30 to 6 p.m. The gate will be open Mondays through Fridays, excluding holidays and wing down days.

First time supervisor course

Barksdale's Top 3 and Team 56 present a professional development course for first-time supervisors. Classes are open to all NCOs, SNCOs, and officers.

The following classes are held at Hoban Hall:

April 15, Feedbacks, noon to 4 p.m. April 29, Maintaining and updating training records, 8 a.m. to noon

Call Senior Master Sgt. Kenneth Dunn at 456-4957 or Tech. Sgt. Daniel Hammon at 456-1799.

Cookie Challenge

The Colossal Cookie Challenge is May 1 from 10 to 11 a.m. at the BX food court. Contestants can be active duty, retired, DOD civilians or family members. Cookies will be judged in four categories: holiday or special occasion, no-bake, healthy and general and by taste, appearance and creativity. The 2d Services Squadron and Pillsbury are sponsors. Recipes must be original and non-published, and ingredients and measurements must be included in the entry form. Call Master Sgt. Robert Hauer for more information, or access www.barksdaleservices.com.

Viper East F16 reenlistments

The ACC Viper East F16 Demo Team will conduct a reenlistment ceremony April 25 as part of the Barksdale open house activities. Contact Tech. Sgt. Darlene Overton at 456-4114 by Monday if you would like to make arrangements to be reenlisted by a Viper East team member.

Medal availability

The Global War on Terrorism Service and Expeditionary medals and the Air and Space Campaign medals are available in the Retiree Activities Office when they are authorized on records. Air and Spece Campaign Medals are being recorded on most personnel records.

2d MUNS earn ACC awards Squadron Airmen nab top honors

By Airman 1st Class Justasia Lehmann Observer

Four 2d Munitions Squadron members recently won missile maintenance awards.

Senior Master Sgt. Michael Graves won Air Combat Command Outstanding Nuclear Weapons Senior Noncommissioned Officer of the Year for 2003, Tech. Sgt. Conrado V. Escano, Jr. won ACC Outstanding Supervisor of the Quarter for October-December 2003, Staff Sgt. Justin Deisch won ACC Cruise Missile Maintenance Supervisor of the Quarter for October-December 2003, and Senior Airman Robert Padgett won ACC Cruise Missile Maintenance Technician of the Year for 2003.

Sgt. Graves was glad he won the award.

"I was surprised and did not expect to win. There are several sharp managers in our field," Sgt. Graves said.

"I'll say this several times about individual awards. You don't get them by acting alone. I've been blessed to have a great commander, supervisors and professionals at all levels that make the mission succeed," said Sgt. Graves.

Sgt. Escano was surprised he won. "I was attending the NCO Academy

when I found out I won. I did not expect to win the award," Sgt. Escano said.

"I think I won because the Combat Munitions Training Program with my instructors, Staff Sgt. Scott Williams and Staff Sgt. Luke Phillips, provided academic and hands-on practical training for over 190 troops on 14 primary and support munitions which were important to support combat sorties during Operation IRAQI FREEDOM and Operation ENDURING FREEDOM. We also manage training requirements for the Conventional Munitions Flight," said Sgt. Escano.

Sgt. Deisch was happy to win.

"Two and half years ago I left Malmstrom AFB, Mont., where I dispatched to fix Intercontinental Ballistic Missiles. Coming from the other side of my career field and winning an award like this is simply awesome. I didn't think I had a chance," said Sgt. Deisch.

Sgt. Deisch attributes his win to the support he gives the airmen.

"I won because of my dedication to maintenance and my airmen. I created an interactive Career Development Course tracking product for over 20 enrolled airmen and NCOs. I taught CDC classes to those airmen and NCOs that needed help. I stepped in while my Bay

Chief was at the NCO Academy. I filled the position of a technical sergeant and orchestrated the maintenance for a shift of 28 personnel," said Sgt. Deisch.

All the award recipients believe that awards like these are important to the Air Force, and Sgt. Graves says it's those who go an extra step who get the accolades.

"Awards recognize people who go the extra step or take risks to make things happen when others are comfortable with their situation. These awards should and in most cases inspire excellence in our jobs," said Sgt. Graves.

Sgt. Deisch believes that award programs promote a better working environment.

"I believe that this program feeds friendly competition among the bases while at the same time urging us all to work smarter today than we did yesterday," said Sgt. Deisch.

For Sgt. Graves, everyone has an opportunity to be recognized.

"The Air Force has three important core values; integrity, service before self, and excellence in all we do. I believe like in all equal opportunities that everyone has a chance to be recognized. It's the individuals who must commit and take the risks asked in leadership," said Sgt. Graves.



ACC honors 2d LRS Airman; officials select annual winner

BY SENIOR AIRMAN ANDREA KNUDSON OBSERVER

An airman with the 2d Logistics Readiness Squadron recently earned an Air Combat Command level award for his outstanding performance in his duties as a logistics planner and deployment technician.

Airman Kenneth Bracely was named the Air Combat Command Logistics Plans Airman of the Year recently.

The award recognizes good work ethics for your specific job, said Amn. Bracely.

"Doing what you do best; for me it's was being a "loggie," said Amn. Bracely.

The Logistics Plans Airman of the Year award is an annual award based on duty performance, mission accomplishments, and overall observed job knowledge.

While winning this award is no small feat, neither are Amn. Bracely's responsibilities and work load on any given workday, said 2d LRS readiness flight commander, 1st Lt. Anthony Myers.

"Airman Bracely is in charge of all logistics module system applications and management; the database all deployments for the installation are loaded into," said Lt. Myers, 2d Bomb Wing's installation deployment officer. "He works directly with every squadron's unit deployment

manager to ensure all of their deployment taskings are accurate, filled-out by experienced personnel, and that they get to their destination on time."

"He has daily conversations with MAJ-COM components [such as] ACC, Pacific Air Forces, Aerospace Expeditionary Force Center, etc, to ensure all the deployment taskings for Barksdale are fulfilled," said Lt. Myers. "He is charged with coordinating and conducting all unit deployment manager training for the installation, deployment processing actions, and redeployment reception processes."

Airman Bracely, an Arkansas native who's been in the Air Force over a year, says winning this award makes him feel appreciated.

"Knowing that I am one of the first airmen in my career field to get this recognition, and I have set a standard, and to get a chance to be recognized on the Air Staff level with my squadron [is the best part]," said Amn. Bracely.

The "loggie's" knowledge, hard work, and initiative are what garnered this well-deserved recognition, said Lt. Myers.

"Airman Bracely has a working knowledge of all aspects of deployment actions from the Air Staff all the way down to the individual in the unit," said Lt. Myers. "He has the knowledge, maturity, and skill to

be able to run the deployment control center as an airman. He is aware of all the deployment eligibility requirements for deployers, and is even trying his hand at strategic airlift coordination."

Considering all of the hard work and dedication Amn. Bracely puts forth for the squadron, there's no surprise his flight commander and his co-workers were excited.

"I was thrilled!" said Lt. Myers. "I truly did not expect this to happen, but when he won it made sense. Amn. Bracely belongs to the first group of 40 airmen to be selected into the logistics plans career field. In the past, they would only crosstrain staff sgts. and up. He has an amazing capability to understand complex processes."

"His work ethic, dedication, and motivation are well known at Barksdale and apparently throughout the MAJCOM," said Lt. Myers. "I wish him luck at the Air Force level of competition; if he's not selected, I have to meet the person who beat him!"

Airman Bracely, who hopes to pin on senior airman at a future below-the-zone board, was coined by the ACC/IG team during last year's Nuclear Operational Readiness Inspection, or NORI, said Lt. Myers.

Some personnel services become Web-only

AIR FORCE PRINT NEWS

Randolph Air Force Base—Airmen no longer have to stand in line to accomplish a personnel records review or several other common tasks

To make it easier for personnel customers, six different personnel services are now available on the Web. Military personnel flight workers suggest using the Internet for any of the following:

- Update the Record of Emergency Data.
- Apply for a change to an assignment or change a report-notlater-than date.
- Apply for certain curtailments of date eligible for return from overseas
- Accomplish a humanitarian or exceptional family member program application.
- Request a 'proof of service' letter, often needed for home loans.
- Make simple updates to common information like home address, home telephone number, religious preference, race, ethnic group, foreign language self-assessment, duty and personal e-mail addresses.

For people using the Web, questions can be answered 24 hours a day online or by a toll-free call to the Air Force Contact Center.

The changes indicate the maturing of the virtual MPF concept and the realities of how busy Airmen are now with fighting the war on terror, said Maj. Gen. Thomas A. O'Riordan, Air Force Personnel Center commander here.

"The primary goal of our virtual services is to save Airmen and commanders in the field time," he said. "These transactions are simple and direct. We'll achieve better accuracy and save the Airman a trip to the MPF."

The AFPC director of operations said this is part of an evolution

in the way personnel services will be delivered to Airmen in the fu-

"We've been headed in this direction for a long while," Col. Dale Hess said. "Our Air Force Contact Center has positioned itself to pick up some of the services by phone or online that people used to have to stand in line for, and we're aggressively upgrading our online capabilities."

Officials said they expect more online services will mean less work on both sides of personnel flight help desks, and the average time spent waiting in line for other services will decrease.

"We are very concerned about creating more work under the rubric of automation," the general said. "The goal is to slash time across the system and not simply outsource the workload to the Airman."

The changes do not mean that Airmen will not have applications for programs reviewed. The level of approval is not changing; instead, approvals will be routed electronically to the correct approving officials.

"These processes should also move much quicker," said Jan McIntosh, vMPF functional manager at the AFPC. "The nice thing is the member could initiate these actions at any time -- even at 3 a.m. from home if they wish."

Colonel Hess emphasizes that Airmen will not be turned away from the MPF.

"We'll make sure our customers are guided through the process and it's explained to them," he said. "Airmen nowadays are very adaptable and computer-literate. In no time, this will be second nature to everyone."

Airmen can access the vMPF through the Air Force Portal at www.my.af.mil, click on the "careers" tab. It's also available at www.afpc.randolph.af.mil. For more information, call the Air Force Contact Center at (800) 616-3775.

Can you follow the core values? Air Force needs Airmen who are up to the task

By Lt. Col. Eric Lorraine

100th Aircraft Maintenance Squadron commander

It has been said quite often that without quality people, the mission cannot succeed. Every day the Air Force is engaged in challenging, tough missions throughout the world and continues to need quality people.

Of course, the Air Force also needs quality equipment to do the mission -- the aircraft, computers, communications technology and so on that it must have to be successful. But above all, the Air Force needs people who can live up to and follow its core values: integrity first, service before self and excellence in all we do. Are you up to the task?

Integrity is essential. It is the inner voice, the source of self-control and the basis for trust in our Air Force. It means you always try to do what is right, and you always try to do what is right regardless of whether anyone is watching or whether the issue at hand is pleasant or painful.

Dr. Martin Luther King Jr. put it this way. He said, The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands in times of challenge and controversy."

Integrity is not something that can be taken away from you, but it is something that can be lost based on your actions and words.

Believe me, your integrity is not something you want to lose because it takes a long time to get it back. I fully realize that integrity is not always easy to prac-

It is a tough and demanding challenge, because so many situations come in shades of gray. But I have found, time and time again, that those things that demand the most out of you pay the biggest dividends and bring the biggest rewards in the long run. Are you up to the task?

People of integrity say what they mean and do what they say. If you can't perform a particular task, inform your chain of command. If you inadvertently pass on bad information, correct it as soon as you find out it's wrong. People of integrity do the right thing not because it is convenient or because they have no other choice. They choose the right thing because their character permits no less. Are you up to the task?

Service before self means placing the needs of the many over the needs of the individual. You have often heard the military referred to as "the service." As a

member of the Air Force, you serve the United States. Service before self means doing what is right for the nation, the Air Force, your unit and your subordinates -- and putting these responsibilities above your own interests. The needs of the Air Force and the nation come first. Are you up to the task?

This doesn't mean that you neglect your family or yourself; in fact, such neglect weakens you and can

cause more harm than good in the long run. Service before self doesn't mean that you can't have a strong ego, high self-esteem or even healthy ambi-

We all have personal goals and ambitions, and it is important to take steps to realize those goals and ambitions. That is what adds richness, depth and diversity to your own life.

Rather, service before self means you don't make decisions or take actions that help your image or your career but hurt others or even harm the mission. The Air

Force can't function except as a team, and for a team to work, the individual has to give up self-interest for the good of the team.

As Gen. Omar Bradley put it several decades ago, "The nation today needs men who think in terms of service to their country and not in terms of their country's debt to them." I couldn't agree more. Are you up

Excellence in all we do is the difference between simply getting by and striving for perfection. It is the personal satisfaction and thrill of performing at the peak of your abilities.

If you live your life with a passion for excellence you can reshape the world. Professionals do their work not just to the minimum standard, but to the very best of their ability. When you look back after a job is complete, you want to be able to say to yourself, "I couldn't have given any more." Are you up to the task?

Too many people settle for less than their best and convince themselves quality and integrity are nego-

tiable. But I firmly believe excellence is a commitment to constant improvement. Paraphrasing Gen. Hal

Hornburg, Air Combat Command commander, there are only two directions to move in life. forward or backward. It is impossible to maintain the status quo. Maintaining the status quo means you are actually falling behind. A person who displays a passion for excellence continually sees problems and challenges as opportunities rather than nuisances. I think Vince Lombardi

put everything you

-- your mind, your

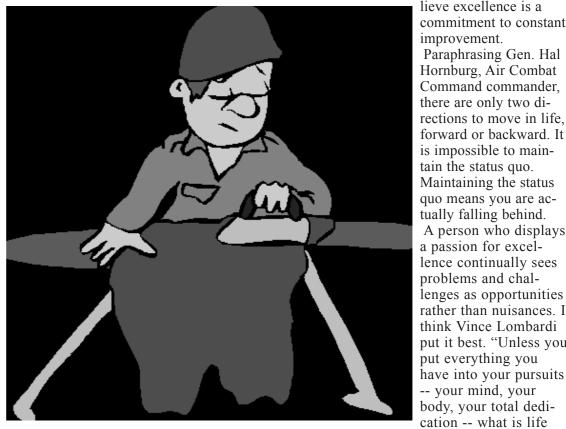
cation -- what is life

have into your pursuits

worth? The quality of life is in direct proportion to your commitment to excellence. Live your life with a passion for excellence and you can make a difference. Are you up to the task?

Make the effort to live up to the all the Air Force values. Implicitly, that is what you promised when you took your oath of office or enlistment. You made this promise publicly and the standards, Air Force core values, are also public.

To serve faithfully, you must be true to your oath and live by Air Force values in all that you do. Are you up to the task?



Observer % April 2, 2004

OUT VICE Supplement to the Observer

Check out our website! www.barksdale services.com

Kidfish Tomorrow

Outdoor Recreation (456-3426)

Kidfish, an annual children's fishing tournament will be held Saturday from 9 a.m. to 12:30 p.m. at the Flag Lake dock. This is a great family event that awards lots of prizes...biggest and smallest fish, and best fishing hat. Everyone has plenty of chances to win.

Age divisions are set for ages 2-15 and the price is only \$5, which includes burgers, chips and a drink for each child. Sign up today at equipment rental.

\$900 Bingo Jackpot

Officers' Club (456-4926)

People are winning big and you can get in on the action....the jackpot is up to \$900! The Bingo Buffet is served at 5:30 p.m. and costs only \$5.50. Club members get a buck off, plus, you can play Early Bird Bingo. Bingo starts at 6:30 p.m. All ranks are welcome!

Easter Brunch

Make your reservations now for Easter Brunch on April 11. Seatings are available at 10:30 a.m. and 1:30 p.m. Reservations are required.

The menu will feature a wide array of delicious items. Among them are carved prime rib, red snapper, Virginia baked ham, roasted turkey with sage dressing, crawfish etoufee, and a large variety of breakfast, salad and dessert items. Call the club to get a spot.

One Dollar Lunch

Enlisted Club (456-4467)

Dollar lunch is back by popular demand at the enlisted club on April 27. Show your club card and get lunch for only one dollar. Enjoy everything on the Mega Buffet. This is part of our Members First program and the club's way of showing you that it pays to be a club member.

Learn to Play Golf Program

Fox Run Golf Course (456-2263)

Link up to Golf, an adult learn-to-golf program starts on April 27. Get professional instruction covering the golf swing, course management, etiquette, and "on the course" playing instruction. The price is only \$99 and includes a free golf shirt and ballmark repair tool. What a fantastic deal! Class size is limited so call now as only a few slots are still available.

Services Golf Tournament

2d Services Squadron (456-2263)

The 3rd Annual Services Customer Appreciation Tournament is scheduled for April 9 at Fox Run Golf Course. The event is open to everyone on base and dozens of prizes will be awarded. Bring your foursome or individuals can sign up and will be assigned to a team. Players of all skill levels will enjoy this event and have chances to win prizes. Register today.

Essay Contest

Youth Center (456-3448)

April is The Month of the Military Child and the youth center is celebrating by holding an essay contest. Children should write a one page essay on, "Why I like Being a Military Child." Papers should be turned in to Carolyn Word by April 15. Prizes will be awarded to winners.

Car Seat Inspections

Child Development Center (456-4139)

The Child Development Center and Parent Advisory Committee are sponsoring two car seat safety inspection dates. Corporal Aguirre from the Bossier City Police Department will be at the Child Development Center on April 16 and 23 from 7:30 a.m.-1:30 p.m. conducting child car safety seat inspections. Parents must come by the center and make an appointment to have their child's car seat inspected. Call 456-4139, for more information or to schedule and appointment.

Half-price Six Flags Tickets

Tickets & Tours (456-1866)

Spring is here and Six Flags Over Texas Amusement Park is now open. Military can get Six Flags tickets for less than half of normal gate prices. Admission tickets start at \$25. Stop by Gifts and Getaways in the new BX Mall to save.

Discount Disney Tickets

Take the family to the happiest place on earth! See Mickey and gang in person. Save \$15 to \$33 on Walt Disney World tickets. Hopper packages grant you admission to all four Orlando, Florida parks...Magic Kingdom, Disney - MGM Studios, Disney's Animal Kingdom and Epcot Center. Reservations for four days to a week are available. Come to Gifts and Getaways and plan the vacation of a lifetime without breaking the bank.

Crown Royal **Pro Fishing Expo**

4:30-6:30 p.m. Enlisted Club south parking lot





See the beautiful Crown Royal Ranger bass boat! Play the 3-D Fishing Simulator! **Crown Royal drink specials Enjoy Grilled Hamburgers**

Fishing advice from the pro's Non-fisherman welcome, too!

Prizes galore!

Sponsored by Moore's Marine and Crown Royal

No federal endorsement of sponsor intended

Own Your Own Business

Family Child Care (456-8912)

Become a small business owner. Be a family child care provider and earn extra money while staying at home with your children. Training, equipment and supplies are free. Spouses living off-base and DOD spouses are also eligible. Licensing is mandatory for base residents caring for other children more than 10 hours.

Track Closure

Fitness Center 456-4135

The Fitness Center track will be closed April 13 - June 21 for renovation. A new rubberized track will be installed at this time. Only a small crossing portion will be available for soccer players. Flat soled shoes are required and spiked shoes are prohibited on the crosswalk. The crosswalk will close after soccer season.

Cajun Warrior Attitude Catch it! Services



J. Manny Guendulay/Observer

Airman First Class Jacob Henderson

Hometown: Jerseyville, III.

Unit: 2d Communications Squadron

Job Title: Network Technician

Job Description: Maintain Base Secure and Nonsecure networks

Most rewarding job aspect: Getting to see the entire base working together and getting the mission done

Goals: To receive my bachelor's degree in

Hobbies: Hanging out with friends, water sports, and playing the saxophone

What motivates my winning attitude: My willingness to please people

Favorite TV show: "American Choppers"

Favorite movie: "Old School"

Favorite performer: Jim Carrey

Favorite food: BBQ

Favorite Book: "The Lord of the Rings"

Person I admire the most: My mother, a single mother with three children that still is always ready to help someone in need.

I'm proudest of: joining the Air Force.

Best day of my life: Town Pass weekend in

My best asset is: I'm a hard worker and a

Pet peeve: White socks

What I like most about Barksdale: The people here are nice

If I could change anything about Barksdale, it would be: New buildings

Most influential person for you in the Air Force and why: Tech. Sgt. Don Gurganus, my tech school instructor who taught me everything I needed about my job and how to be a good Airman.

2d Communications Squadron at a Glance

Squadron Motto: No Comm, No Bomb! Group Commander: Col. Colleen Duffy Squadron Commander: Lt. Col. Richard Converse

Squadron Deputy Commander: 1st Lt. Idrick Ferguson

First Sergeant: Master

Potchebski

Air Force One Source...

24/7 Family Support Resource

When you don't have time to go to the Family Support Center Online! or other helping agencies, take advantage of the wealth of information and resources that Air Force One Source Online offers. Simply log on today at www.airforceonesource.com (User ID: airforce Password: ready)

Whether you're new to the Web or have been surfing for years, Air Force One Source Online gives you immediate access to the advice, support, and information you need to help balance your work and personal life. Air Force One Source Online offers assistance on a variety of issues, including taking care of yourself and your family, building your career, managing your money, strengthening relationships, facing the challenges of dormitory or single life, and coping with ups and downs everyday.

Looking for new child care in your area? Want to develop a monthly personal budget or figure out what kind of mortgage you can afford? Need practical advice about a problem at work, finding home care for an older relative, organizing your time, or handling personal issues? You'll find the solutions to all of these questions and much more when you visit Air Force One Source Online. It's an easy-to-use, online resource that can help make things a little easier

Duty Chaplain for Emergencies: 456-2151



Catholic

Confession, Chapel Two, Saturday, 4:30 p.m.
Mass, Chapel Two, Saturday, 5:30 p.m.
Mass, Chapel Two, Sunday, 9 a.m.
Confraternity Christian Doctrine, Chapel Two, Sunday, 10 a.m. Mass, Chapel One, Sunday, 11:30 a.m.

Protestant

Liturgical Communion Service, Chapel One, Sunday 9 a.m. Community Worship Service, Chapel Two, Sunday 10:30 a.m. Inspirational Gospel Worship Service, Chapel Two, Sunday Noon Contemporary Praise Service, Chapel Two, Sunday 6 p.m. Family Night, Chapel Two, Wednesdays, 6:60-8 p.m.

Holy Week Services

Catholic Services

Palm Sunday and Holy Week of the Lord's Passion services will be held Saturday at 5:30 p.m. in Chapel Two and Sunday at 8:30 a.m. in Chapel 2 and then again at 11:30 a.m. in Chapel One. A Mass of the Lord's Supper and Adoration of the Blessed Sacrament is on Holy Thursday, April 8 at 7 and 10:30 p.m. in Chapel Two. Chapel Two holds the Good Friday Liturgy and Distribution of Holy Communion at 3 p.m. in Chapel Two. Easter Vigil Mass is held at 7:30 p.m. in Chapel Two and then Easter Mass begins at 9 a.m. in Chapel Two and 11:30 a.m.

Protestant Services

A Good Friday Tenebrae takes place at 7 p.m. in Chapel Two with scriptural accounts of Jesus' Passion, music, and brief meditations. Sunrise Service is Easter Sunday just before sunrise, outside Chapel Two at 6:45 a.m., weather permitting, with a breakfast following. Easter Worship services are as follows: Liturgical at 9 a.m. in Chapel One, community at 10:30 in Chapel Two, Inspirational at noon in Chapel Two, and Contemporary at 6 p.m. at Chapel Two.



FAMILY SUPPORT

456-8400

Reservations required for all events.

Personal and family readiness briefing

Family members may attend this briefing Thursday at 2 p.m. to learn how to prepare for a deployment/TDY or remote assignment. The Family Support Center's Readiness Team can assist in three phases of deployment: pre-deployment, separation and reunion.

Sponsor Training

Relocating can be one of the most stressful aspects of military life and good sponsors can make a difference in how a newcomer acts. Learn how to become a sponsor April 8 from 10 to 11 a.m. and help make contact, provide information and fulfill newcomers' needs.

Cancer support center

The Cancer Support group meets Thursday and the second Thursday of each month, from 11:30 a.m. to 12:30 p.m. and provides an atmosphere of sharing and caring for individuals who are faced with the challenges of cancer.

English as a 2nd Language

This class, offered on Tuesdays and Thursdays from 6 to 8 p.m. provides essential language skills to assist students, personally and professionally, by learning to speak, read and write English. These skills can aid in the transition to American culture.

8th Air Force opens its new doors

By 2nd Lt. Jennifer Ferrau 8TH AIR FORCE PUBLIC AFFAIRS

Eighth Air Force officially re-opened its historic headquarters building in a ribbon-cutting ceremony here March 26, two years after the building was struck by lightning and burned for more than 12

Guest speakers at the ceremony included Lt. Gen. Bruce Carlson, 8th Air Force commander, Mr. Donald W. Weir Sr., after whom the building is named; and Mr. Larry Gibbs, owner of the construction company that rebuilt the headquarters building.

Gen. Carlson took command of 8th Air Force in May 2002, two months after the fire, and believed he would never have the chance to work in the historic headquarters building. "Thanks to Gibbs Construction and the efforts of countless others, Eighth Air Force personnel moved in right on schedule," he said. "Taking just 22 months to go from fire recovery, to rebuilding, to re-entry of equipment, resources and personnel – what an amazing feat and testament to the builders!"

Mr. Gibbs said that under the best circumstances "this was not an easy building to design or construct. At many times during the construction, building and designing was being done at the same time." Mr. Gibbs' construction company was awarded the Air Combat Command Construction Excellence Award for its innovative 8th Air Force Headquarters rebuilding project.

More than 200 8th Air Force members were relocated to different offices around the base immediately after the fire and of the original 14 computer servers, only two were recovered after the

Communications officials said they were able to salvage approximately 200 of 400 computers. 'We were able to replace all of the original service with only three new servers," said Mark Winderweedle, 8th Air Force Network

Karl Geibel, 8th Air Force staff civil engineer, said the quick turn-around was due to the 'design-build' concept that was used. "Normally, a project of this magnitude is a three to four year process," Mr. Geibel explained. "But through the 'design-build' concept, the same contractor was responsible for both the design and the construction, so some work could be accomplished before the design was completed, cutting the completion time drasti-

Representatives from the 2nd Civil Engineering Squadron, Air Combat Command and Southern Division of the Navy Facilities Engineering Command determined what attributes they were looking for in a contractor. After receiving several proposals, they chose Gibbs Construction, from New Orleans, La. "The shortcut in the design-build process lies in the design portion of the project," said Mr. Geibel. "Because the designer was a subcontractor to Gibbs, Gibbs had control over the timeliness of both the design and the construction.

Some portions of the construction, such as ordering materials and completing the demolifull engineering drawings, saving time in the

There was no sprinkler system in the original

building, which was built in 1933. The renovation included an upgrade to current fire protection standards, including lightning protection, fire protection sprinklers from the basement to the attic, escape routes and distances to the nearest fire escape stairwell within the maximum distances required by the fire code, and no wood studs or flammable building

"By designing the facility smartly, we have provided space for 20 percent more personnel, with everyone having comfortable workstations and computer access," said Mr. Geibel.

The restoration project consisted of 78.5 miles of fiber optics cable, adding more than 400 work stations and was completed for approximately \$18 million. The interior of the building was redesigned to house a more efficient layout and improve the computer network, but the exterior was rebuilt to maintain the historical integrity of the building.

The building first served as a troop barracks for the 20th Pursuit Group, and subsequently housed the 6th Air Base Unit, Air Training Command and Second Air Force. On Jan. 1, 1975, the building's extensive historical value earned it a slot on the National Register for Historic Places.

In 1998, Lt. Gen. Philip Ford, then-commander of 8th Air Force, dedicated the building as the "Don Weir Hall." General Ford honored Mr. Weir for his "life-long legacy of service to the professional world, the community and military" in the Shreveport/Bossier City area.



Tech. Sgt. Robert Horstman/2d (

Gen Carlson speaks to the crowd gathered to witness the ribbon ceremony during the re-dedication of the Headquarters. The ceremony was attended by local community leaders, retired personnel, Barksdale base personnel, and those assigned to the Mighty Eighth Air Force.



tion, could be accomplished without the need for Mr. Lawrence C. Gibbs, left, president of building contractor Gibbs Construction, Mr. Donald Weir Jr., son of Donald W. Weir Sr., to whom the building was dedicated to in July 1998, and Lt. Gen. Bruce Carlson, Eighth Air Force commander, cut the rib-

bon during the re-dedication of the headquarters building. Personnel recently moved back into the building after renovations were completed due to a fire started when the building was struck by lightning March 12, 2002.

Awards

8th Air Force recognizes its top performers of 2003

By 2nd Lt. Jennifer Ferrau

8TH AIR FORCE PUBLIC AFFAIRS

The "Mighty Eighth" selected its top seven members March 25 at the 2003 Airman of the Year Banquet here.

The winners were selected among more than 45,000 active duty, Air National Guard, Air Force Reserve and civilians assigned to Eighth Air Force. Eighth Air Force members serve all over the United States and the 77 nominees were all recognized at the banquet.

During the banquet, Lt. Gen. Bruce Carlson, 8th Air Force commander, said the evening's nominees were such an impressive group, having to choose the final winners was difficult. "Behind every achievement that occurred during this past year stood America's most precious commodity – you!" he said. "Be justifiably proud in the role you have played ... you are all the best of the best."

"Congratulations to all our nominees for their dedication and devotion throughout the past year," said 8th Air Force Command Chief Master Sgt. Jeffrey Ledoux. "Tonight we're recognizing the achievements of our 'Mighty Eighth' members for their efforts during 2003. They have all worked extremely hard supporting our different operations and it's a pleasure to get the opportunity to honor them this evening."

The winners in each category are:

Airman of the Year



Senior Airman Justin Trainor is an audit and control technician assigned to the 9th Reconnaissance Wing, Beale Air Force Base, Calif. Airman Trainor was named the Air Combat Command Financial Management Airman of the Year and the 9th RW Airman of the

year. He led 48 in-house training classes and is a mentor and trainer for eight new airmen. He also audited and paid 17,655 travel vouchers. Travel voucher timeliness rose to 98 percent, exceeding the 95 percent standard. Airman Trainor also revamped the pay document auditing process, streamlining the base pay process from seven days to three. In addition to his high work ethics, Airman Trainor is pursuing a bachelor's degree in business. He has completed 42 hours with a 3.8 grade point average. A selfless volunteer, Airman Trainor was elected the unit advisory council treasurer and UAC president.

Noncommissioned Officer of the Year



Tech Sgt. James Warrick is a security forces flight chief also assigned to the 9th RW, Beale AFB. Sergeant Warrick was named the 9th Security Forces Squadron NCO of the Year, the 9th Mission Support Group NCO of the Year and 9th RW NCO of the Year for

2003. He completed flight chief qualification training 40 percent faster than the senior NCO peer group and scored a 97 percent. Sergeant Warrick also developed a new tool for accomplishing incident reports – they are now completed within 72 hours instead of two weeks. He also obtained and implemented an "evidential portable alcohol testing system" which is required in California for DUI investigations. A devot-

ed student, Sergeant Warrick earned 15 semester hours toward his Community College of the Air Force degree, amassing 61 total credits. He is one class shy of completing his degree. Sergeant Warrick spoke with 200 Boy Scouts at their annual Jamboree about leadership standards and the Air Force core values. He is also a volunteer game warden and protects 23,000 acres of natural resources and wildlife used by more than 9,000 base residents.

Senior Noncommissioned Officer of the Year



Master Sgt. Mary Mercado is a career assistance advisor at the 5th Bomb Wing, Minot Air Force Base, N.D. She was named the Air Combat Command Advisor of the Year for 2003. In addition to being the career assistance advisor, she is also the Professional

Development Center superintendent – filling two full-time positions. Sergeant Mercado conducted four Informed Decision Seminars, briefing 71 people. Seven of the 10 attendees reconsidered their exit decisions. In addition, she is also a strong advocate for Air Force special duties – of 46 vulnerable identified, she filled 20 vacancies in stressed Air Force career fields. She also trained 411 airmen, noncommissioned officers and senior noncommissioned officers in 2003 – with 97 percent of her students rating her seminars as "Outstanding." Sergeant Mercado emceed four Heartlink programs – also rated "Outstanding." As a "We Are All Recruiters" program supporter, she briefed 500 high school students about military benefits

Company Grade Officer of the Year

First Lieutenant Jason Kalman is a munitions flight commander at the 2nd Munitions Squadron, 2nd Bomb Wing, Barksdale Air Force Base, La. He was awarded the 2nd Bomb Wing Leo Marquez Award and was named the 2nd Bomb Wing Company Grade Officer of the Year for 2003. Described as an outstanding manager, Lieutenant Kalman supervised the delivery of 1,300 MK-82/84/M117 general purpose bombs and 1,400 ALA-17 flares in support of 53 B-52 aircraft; ensured solid munitions support for 2,300 combat training sorties. He was also chosen over 10 other company grade officers to lead a large munitions deployment to Andersen Air Force Base, Guam. Once there, he combined 306 troops from Dyess Air Force Base, Texas; Barksdale and Guam into one warfighting team, leading the beddown of 12 B-1 and 12 B-52s. Lieutenant Kalman is enrolled in a doctorate program and maintains a 3.7 grade point average. He is also involved with the local community and recently started a vital squadron booster club. As the first president, he wrote the charter and raised \$13,000.

First Sergeant of the Year



Master Sgt. Ronald Gorrell is assigned to the 694th Support Squadron, Fort George G. Meade, Md. He has handled many personal issues throughout 2003, including a military couple faced with Hodgkin's disease; assisting with funeral arrangements, meal support and fami-

ly lodging following a Sudden Infant Death Syndrome case and resolving chronic pay problems by coordinating with the financial management office – 128 problems were reduced to 10 in two months. He also organized a dormitory council, electing leaders, prioritizing a "quality of life" list and addressing issues – instrumental in giving Airmen a voice. In addition, Sergeant Gorrell also shows strong community involvement. He organized a collection drive, resulting in two tons of personal items sent to troops deployed in support of Operation Iraqi Freedom. He also filled the financial committee chair for the Air Force Ball event, soliciting donations, organizing the set-up and tear-

Junior Civilian of the Year (GS-8 and Below)

Constance Roe is a paralegal specialist assigned to 8th Air Force, Barksdale Air Force Base, La. She was named the Headquarters 8th Air Force Civilian of the Year for 2003 and the Headquarters Air Combat Command Outstanding Legal Service Civilian of the Year for 2003. Mrs. Roe is the creator of the 9th Air Force Traveling Military Justice Workshop. As such, she trained 81 judge advocates and paralegals. She accomplished this by assessing bases' common mistakes, then developing and delivering seven hours of realistic training. She also corrected several illegal punishments through review of more than 360 nonjudicial and supplementary actions; ensured accurate information forwarded to personnel files and provided feedback to bases to prevent repeated mistakes. Mrs. Roe completed a 10-week, 20-hour notary course through her local community college and aced the Louisiana notary certification test. An involved member of the local community, Mrs. Roe organized two theme luncheons for retiring members and is an avid supporter of the "Santas in Blue" program - providing Christmas presents to needy children.

Senior Civilian of the Year (GS-9 and Above)

Don Mooring is the deputy chief of the Master Air Attack Plan at 8th Air Force, Barksdale Air Force Base, La. Mr. Mooring was a key influence in helping define and plan the future of the Air and Space Operations Center weapon system. Described as "exacting," Mr. Mooring was handpicked to represent the 608th Combat Plans Squadron and 8th Air Force at the first AOC Unit Type Code Rewrite Conference; results from the conference will affect the composition of AOC warfighters plus current and future unit manning. He also represented the 608th CPS at the Theater Aerospace Command and Control Simulation Facility Training Integration Planning Team conference – his expertise was touted as the key to crafting joint training procedures. Mr. Mooring was the "Top Graduate" at the Information Warfare Applications Course and was the top choice to attend the Joint Psychological Operations Course at the Joint Special Operations University. An avid supporter of the local community, he is the vice chairman of the "Friends of the Municipal" Museum Development Committee and has also received the "Proud Residents Involved in Developing our Economy" Award from the local convention industry. 12 April 2, 2004 Life Observer

Air Force families may stay longer High school seniors allowed to finish school

AIR FORCE PRINT NEWS

Randolph Air Force Base—Some Air Force families with a child entering his or her senior year of high school may get to stay longer at their current duty stations thanks to a new policy announced in March.

"In today's environment of deployments and high operations tempo, it's important that we alleviate stress on families wherever we can," said Chief Master Sgt. of the Air Force Gerald R. Murray. "This initiative is designed to do that."

"This is a policy we think increases the quality of life for Air Force families," said Roger Blanchard, Air Force assistant deputy chief of staff for personnel. "The intent is to decrease turbulence and increase stability for military families."

The High School Seniors Assignment Deferment Program allows senior master sergeants and below, and officers up through the rank of lieutenant colonel, to apply for a one-year assignment deferment. Back-to-back deferments may be possible, and dual-military couples may also apply.

Even with the changes, officials said the mission comes first and will be the overriding factor in granting deferments.

"Requests will be considered on a case-by-case basis," said Col. Kathleen Grabowski, chief of assignment programs and procedures at the Air Force Personnel Center here. "The goal is to approve as many requests as mission needs allow without being unfair, but the reality is that some requests won't be possible due to Air Force needs. We'll work with people as we always have." she said.

To be eligible, the senior in high school must be a dependent of and living with the Airman requesting the deferment, and he or she must be enrolled in the Defense Enrollment Eligibility System, she said.

Officers will need to apply before being put on assignment while enlisted people will not apply until after being matched to an assignment, said Master Sgt. Letty Inabinet, superintendent of assignment procedures. Applications are available from military personnel flights and commander support staffs.

Officials estimate that annually 20 to 25 percent of officers and senior noncommissioned officers have children entering their senior year of high school and perhaps one third of those could be eligible for assignment in a given year, officials said.

"It's a benefit to families if teenagers can attend the senior prom and graduate with their established friends," Mr. Blanchard said.

The policy makes official what was already being done informally whenever possible in the past, said Colonel Grabowski.

In some cases assignments teams were already successfully working with Airmen to allow families stability when children were preparing to graduate, she said.

The Air Force Contact Center offers information about this and other personnel programs by calling toll free (800) 616-3775 or online at http://www.afpc.randolph.af.mil.

Running like the devil...96th Bomb Squadron



Airman First Class Kevin Camara/2d CS

The 96th Bomb Squadron runs in formation with their guidon during the 11th Bomb Squadron sponsored 5K Formation Fun Run Tuesday on base. The

11th Bomb Squadron finished first. The mission of the run was to have all 20 squadron members run in formation from the start until the finish.

Community Briefs

Missileers Reunion

The AMMS Missileers reunion committee is working to plan an event for April 22-25 at the Ramada Inn in Bossier City. The guest speaker will be Retiree Activities Director, Ret. Col DePyssler. For more information, contact Buck Leach at 747-7779 or e-mail dyhde95789@aol.com.

Mastering HTML

The Division of Continuing Education and Public Service at Louisiana State University is offering a course on HTML April 10 and 17 from 9 a.m. to 4 p.m.

Students are encouraged to come and learn how to build a website using Hypertext Markup Language (HTML) the programming language of the Internet. The course will teach the HTML tags to build a website. Registration fee is \$75 dollars. The class is taught by Saurabh Singh, Telecommunications Specialist in Charge of the LSUS Distance learning program.

For more information, call the LSUS Division of Continuing Education at 318-798-4177 or 1-800-290-2378, or visit www.lsus.edu/ce, or e-mail us at learn@pilot.lsus.edu.

Education Center



CLEP testing update

The CLEP eCBT \$50 fee is now funded for eligible military people at "Military-Friendly" national test centers. Appropriate military identification and an identification with signature is required. The local test center fee charged by the centers is not funded and must be paid by the student. In our area, the college board has identified Louisiana State University at Shreveport as "Military-Friendly." Interested students should contact the test center at 797-5187 to reserve a date and time for testing.

Test-taking class

Test-Taking/Study Skills classes are being held in April. These classes help airmen develop the needed skills required to pass their Career Development Course, prepare for WAPS testing, and succeed in college courses. The next classes are scheduled for Wednesday and Thursday and April 28 and 29 from 8:30 to 11:30 a.m. Call 456-2615 to sign up.

ACT scheduled

The ACT exam is scheduled for Monday at 8 a.m. in the education center. This test is given only twice a year and is free to servicemembers. Seating is limited. Call 456-2615 to reserve a seat.

Praxis exam

The Praxis exam, formerly the National Teachers Exam, is scheduled for administration on June 14 at 8 a.m. This exam is open to active-duty military, Reserves and National Guard only. Deadline to sign up is May 12.

WORD Class

An intermediate WORD 2000 class is scheduled for April 20 and 21 at the center. Active-duty military have priority for this class but it is open to all on a standby basis. Seating is limited to the first 14 students. Call 456-2615 for more information and to sign-up for the class.



Heir Force

Barksdale's Latest Arrivals

Born Name

Feb. 24 Alexander James

Parents

Staff Sgt. William and Christine Pluth 2d Civil Engineer Squadron

To announce your latest arrival, call the *Observer* at 456-5501 or 456-3241 or e-mail observer@barksdale.af.mil

The Movies

Observer 🗯

B A S E T H E A T E F

Today

7 p.m. — "Welcome to Mooseport" PG-13

Ray Romano, Gene Hackman — A former U.S. president retires to a small New England coastal town to write his memoirs. But his neighbors plead with him to fill the vacant mayoral seat. A local plumber runs against him, setting off a surprisingly fierce and competitive campaign, in which the plumber is also battling to win the love of a local woman.

Saturday

7 p.m. — "50 First Dates" PG-13

Adam Sandler, Drew Berrymore — Henry, a veterinarian at an aquarium in Hawaii, falls in love with a girl, Lucy, with short-term memory loss, but he has to keep getting her to fall in love with him every time they meet in order for them to have a relationship, since she never remembers the last time she met him.

Sunday

to chan

7 p.m. — "Club Dread" R

Jay Chandrasekhar, Kevin Heffernan — At an anything-goes tropical resort for swingers, a non-stop party takes a turn for the weird when dead bodies start turning up faster than you could drink a rum punch. Everyone begins to look suspicious. Can the inhabitants of Pleasure Island unite, solve the mystery and restore their happy hour?

Friday, March 19
7 p.m. — "Confessions of a Drama Queen"

Admission: Adults \$2.50

Admission: Adults \$2.50 Children \$1.25

"What's Cooking?"

Red River Dining Facility

Items subject to change

TODAY

Lunch — Beef and corn pie, seafood newburg, veal steaks Dinner — Corned beef, pot roast, chicken

SATURDAY

Brunch — Creole shrimp, baked chicken, meatballs Supper — Goulash, baked fish, barbecue chicken

SUNDAY

Brunch — Spareribs, chicken breast, oven-fried fish Supper — Steak, beef stir-fry, turkey nuggets

MONDAY

Lunch — Pot roast, baked stuffed fish, roast pork Dinner — Chili mac, beef cannelloni, fried chicken

TUESDAY

Lunch — Veal parmesan, teriyaki chicken, salmon Dinner — Meat loaf, country chicken, turkey

WEDNESDAY

Lunch — Barbecue ham, turkey and noodles, beef Dinner — Pork chops, barbecue spareribs, chicken

THURSDAY

Lunch — Cabbage rolls, fried catfish, baked chicken Dinner — Cornish hens, roast pork, jaegerschnizel

FRIDAY, April 9

Lunch — Swiss steak, bakéd chicken, stuffed peppers Dinner — Italian sausage, lasagna, spaghetti



Sports Bench press champ stuns crowd Shorts Terrence Givens lifts more than twice his weight!

Fishing expo

Win a boat at the Barksdale Pro Fishing Expo, which will be held in the parking lot of the Enlisted Club today from 4:30-6:30 p.m. Crown Royal is bringing several pro-fishermen to answer all of your questions and will also be at the Shoppette from 1-3 p.m.

Play their 3-D fishing simulator and check out their official bass boat. The club will be grilling up burgers and offering great drink specials, games and prizes. Sign up to win a pirogue, the famous Louisiana fishing boat. All ranks are invited to attend this event.

Call 456-6955 for more information.

Golf Tournament

A golf tournament is scheduled for today at 1 p.m. on the Fox Run Golf Course. The tournament is being hosted by the Air Force Assistance Fund.

Participants may sign up as a foursome or individual. Only one "A" player is allowed per team.

There is an entry fee of \$10 plus green and cart fees. Prizes will be awarded for top four, long drive, accurate drive, and closest to the pin.

Call John Williams at 456-2263, Staff Sgt. Anthony Anderson at 456-2446, or stop by the golf course to sign

Archery

Outdoor Recreation will host a 3-D archery tournaments on the following dates: Sunday, and April 18, May 23, June 27 with starting times between 9 a.m. and noon. The fees are: Pro-\$25, Non-members-\$10, Members, Youth and Cub-\$5 and Pee Wee-free.

Call Marilyn at 456-3426 for more information.

Hunting

Turkey hunting season dates are: Saturday-April 9 and April 12-18. Turkey hunting will be allowed from legal morning shooting time until noon only. The only exception is Saturday, when hunters may hunt all day.

Department of Defense personnel may each sponsor one guest to hunt. DoD personnel must register for the hunt. There is a two turkey season limit.

For more information, please contact the Natural Resources Office at 456-3353.

Golf Lessons

Link Up to Golf is a new program designed to teach beginners basic skills and comfort with the course. Students will get six classes, each lasting approximately 1.5 hours with a maximum of six students in each class for \$99. This enables the instructor to provide quality, one-on-one instruction. Each playing session will consist of approximately three holes and during this time etiquette, course management, speed of play, caring for the course, and rules will be discussed. Clubs will be provided for those who need them. Class is limited to six students.

The first session is April 27 from 5 to 6:30 p.m. on the driving range. The class will run through mid-May. For more information call the golf course at 456-

Softball

The 2004 Softball season is set to begin May 24. The deadline for entry is May 5.

A coaches meeting is scheduled for May 5 at 2:30 p.m. in the fitness center.

Call Staff Sgt. Scott Robertson at 456-4135 for more information.

Terrence Givens lifts more than twice his weight!

BY SENIOR AIRMAN ANDREA KNUDSON

Observer

"Eye of the Tiger" played over the sound system at the start of the 2004 Pound-for-Pound Champion contest at the fitness center March 25.

Muscles and testosterone, cut-off tshirts, weight-lifting gloves, sweat and looks of determination were among the accessories the 18 "Rockys" brought with them as they lined-up to weigh in not only their body mass, but on whether or not they'd take home the top prize -- the impressive trophy and bragging rights.

The crowd was blown away, oohing and awing, as champion Terrence Givens, 2d Maintenance Operations Squadron, who weighed-in at 155 pounds, pushed up more than twice his body weight.

"I loved it. I loved it," said Terrence, commenting on the energy he received from the crowd. His best lift was 315 pounds. "This is what I love to do."

The rules for the competition were that there were no rules, joked Joseph Simon, 2d SVS coordinator for the bench press event.

"Each competitor is allowed a total of three lifts: the best of the three will be considered for the final placing in one's weight division. Your back and buttocks must not leave the bench, and your arms must be straight at the starting lift. All judges' decisions are final."

The judges were Gerome Wallace and Calvin Whithers of the Shreveport Battlewings, the local arena football

The contest was free and anyone eligible to participate in regular intramurals sports was able to sign up.

Two of the 18 contestants were women; one of whom weighed in at 92 pounds. But according to Joseph, the contestants were all participating on an even playing field.

"Each contestant's best lift is multiplied by their body weight and then that number is multiplied by a coefficient," said Joseph. "The coefficient is what makes it even -- allowing a 92pound contestant to be able to press and compete."

The coefficient formula is part of national collegiate rules that Joseph pulled from the Florida State web-

Terrence shared the winning moment with wife Amanda Givens, 2d Logistics and Readiness Squadron.

"We work out together Monday through Friday lifting weights, and on Saturdays, we do some running," said

"Five days a week working out together," added Amanda. "And together since we were 13 years old."

The two airmen, who have been stationed at Barksdale for about two years now, grew up together in Jacksonville, Fla., joined the Air Force together, attend church together, and are also physical training leaders for their respective units.

"We want to encourage people to lift weights, to get their bodies in shape," Terrence said.



Bench press champion Terrence Givens, 2d MOS, and wife Amanda Givens, 2d LRS, display the trophy Terrence earned at the Pound-for-Pound Champion Contest. The couple work out together six days a week.



Barksdale's 2004 Pound-for-Pound Champion place, lifting more than twice his weight.

Terrence Givens, 2d Maintenance Operations Contest March 25 at the base fitness center. Squadron, bench presses 315 pounds during Givens beat out 18 other competitors for first